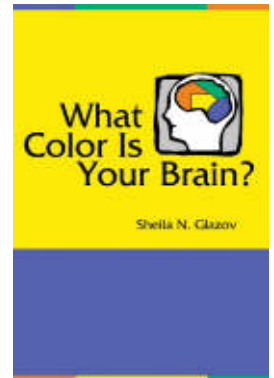


What Color Is Your Brain?

- Do you sometimes feel that your detail-oriented boss just doesn't understand your energetic style?
- Do you wonder why your punctual partner won't enjoy an unstructured day at the beach?
- Do you enjoy a sentimental family gathering while your 'bah-humbug' brother prefers to skip dinner to install a new computer programme?



If these common day-to-day frustrations seem familiar to you, then this is the book for you!

Enjoyable, insightful, and easy-to-read, ***What Color Is Your Brain? A Fun and Fascinating Approach to Understanding Yourself and Others*** is a guide to discovering who we are, why others see us the way they do, and how the four "brain colors" play a role in our everyday lives.

Sheila Glazov has created colorful personality profiles that simplify the complex nature of our traits and talents. With its entertaining anecdotes, innovative perspectives, and resonating concepts, ***What Color Is Your Brain?*** is a fun and fascinating book that promotes both self-awareness and acceptance of others.

Written for readers of all ages, genders, and backgrounds, this book is intended to facilitate effective communication and cooperation while minimizing frustration in numerous aspects of our everyday lives — at work and home, in dating and marital relationships, with team projects, among family members and friends, and within a mixture of other interpersonal connections. ***What Color Is Your Brain?*** explores the essential pieces of the puzzle that is human interaction, teaching us how to recognize and appreciate a spectrum of personality types. With the help of this dynamic book, discovering your own brain color and learning to adapt to others is bound to be a no-brainer.

- *This book changed my life. I use the concepts every day to communicate more effectively with the people around me at work and at home!* - Mary, Vice President, Retail Banking
- *Everybody needs this book! An exciting and creative approach to understanding everyone's personality.* - D.N. Evans, Fashion designer
- *Sheila's style is easy to understand and her examples are profound. An exceptional resource for professionals, partners, and parents.* - Cecelia, Life Coach
- *An insightful journey of discovery! What a wonderfully interesting way of finding personal meaning in why people act and react to everyday situations.* - Helene, Grandmother of 5

About the Author

Sheila Glazov is an award-winning author, professional speaker, educator, and consultant on the subjects of personality types, creativity, and self-esteem. She regularly appears on TV, radio and in the press in the US and lectures worldwide.

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